# Karnataka Sangha's

# Manjunatha College of Commerce and Junior College of Commerce,

## Thakurli- 421201

10 November 2022

IQAC, NSS, WDC & Health & Counseling Cell Organizes Seminar on Walk in Blue for Diabetes Awareness along with by Human Chain & Rally

## **AGENDA**

Overall Compering by: Ms. Supriya. Bhalerao

Sr. Nos.	Contents	Duration
1	Introduction of Seminar	1 Min.
2	Welcome address by I/C Principal Dr. Sushila Vijaykumar	2 Mins.
3	Floral Tributes	1 Min.
4	Introduction of the Resource Person Dr. Vijay Shetty, Orthopedic, City Hospital, Dombivli	1 Min.
5	Seminar on Walk in Blue for Diabetes Awareness	1 Hour.
6	Vote of Thanks by Ms. Supriya Bhalerao	2 Mins.
7	National Anthem	1 Min.

Poster Exhibition, Human Chain & Rally starts from 8.00 am onwards and followed by Seminar lecture on Diabetes awareness.

Route for Rally:

College to Chamunda Chowk

Chamunda chowk to Khambalpada Road to Kanchangaon

Kanchangoan to College

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Dr. Sushila Vijaykumar I/C Principal

# Manjunatha College of Commerce and Junior College of Commerce, Thakurli- 421201

10 November 2022

# **NOTICE**

All the F.Y degree college students are hereby informed that on the occasion of World Diabetes Day, we are conducting a Seminar on Walk in Blue for Diabetes Awareness along with Human Chain & Rally on Monday, 14 November 2022 at 8.00am onwards in the college auditorium.

Students will have regular lecture at 7:10 am.

Students are requested to wear Blue Colour attire for attending the seminar and rally.

Dr. Sushila Vijaykumar I/C Principal

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# Manjunatha College of Commerce and Junior College of Commerce, Karnataka Sangha's Thakurli- 421201

10 November 2022

On the occasion of World Diabetes Day IQAC, NSS, WDC & Health & Counseling Cell Organizes Seminar on Walk in Blue for Diabetes Awareness along with Human Chain & Rally

# **Duty Chart**

Overall Compering	Ms. Supriya
Stage Arrangement	Ms. Sanika & Ms. Swapnali
Preparation of Proposal, Brochure, Invitation	Ms. Suchitra & Ms. Swapnali
& Thanks letter, Agenda and Notice	
Writing on Notice Board	Ms. Anuja & Students
Report Writing	Ms. Divya
Attendance	Ms. Farhat
	Ms. Nisha D
Geo tag Photos	Ms. Supriya
Vote of Thanks	

Seminar Date: 14 November, 2022

Timings: 8.00am Onwards

Venue: College Auditorium Rally accompanied teachers: Mrs Nisha D, Mrs Madhuri M, Mr Pushkar D,

Mrs Swapnali B, Mrs Supriya B, Mrs Farhat

Whila Dr. Sushila Vijaykumar I/C Principal

# Walk in Blue for Diabetes Awareness Along with Human Chain & Rally Junior College of Commerce, Thakurli- East Manjunatha College of Commerce& Karnataka Sangha's

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# Karnataka Sangha's Manjunatha College of Commerce&

# Junior College of Commerce, Thakurli- East

Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

# Date:14 November 2022

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# Junior College of Commerce, Thakurli- East Manjunatha College of Commerce& Karnataka Sangha's

# Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

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# Karnataka Sangha's Manjunatha College of Commerce& Junior College of Commerce, Thakurli- East

# Walk in Blue for Diabetes Awareness Along with Human Chain & Rally

# Date:14 November 2022

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# Seminar, Human chain and Rally on World Diabetes Day

Date: 10 November 2022

MCC/4-10/Seminar

The In-charge Principal

Karnataka Sangha's

Manjunatha College of Commerce

Kanchangoan, Khambalpada, Thakurli.

Subject: Request for approval

Madam,

IQAC, NSS, WDC & Health & Counseling Cell are interested in organising Seminar on "Walk in Blue for Diabetes Awareness" along with Poster Exhibition, Human Chain & Rally

Duration and target participants	:	Duration for Seminar 1 Hour ,Rally and Human chain 1 hour
Day and date of the	:	Monday ,14 November 2022
Programme		3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 -
Timing of the Programme		9 00om ou 1
Mode/Platform	$\cdot$	8.00am onwards
Resource Person	:	Offline
Resource Person	:	Dr Vijay M Shetty, Orthopedic, City Hospital Dombivli
		John Stringpedie, City Hospital Dombivli

# Title, objectives and expected outcomes:

Day of Importance: World Diabetes Day Title: Walk in Blue for Diabetes awareness

Objective – To create awareness among students and community about Diabetes and impact on Health and

Expected Outcome - The students will be aware of Diabetes and the importance of healthy lifestyle.

Please approve the proposal

Thank you

Yours faithfully

IQAC Co-ordinator	
Asso Prof Jayanti V	la jew 13
PO of NSS Unit	
Asst Prof Madhuri M	Mondaharan
I/C WDC	
Asst Prof Nisha D	(p) (1)
I/C Health and Counselling Cell	
Asst Prof Swapnali B	erstal,



Date: 16/11/2022

To

I/C Principal

Dr Sushila Vijaykumar

Manjunatha College of Commerce, Thakurli

Report of "Guest lecture on World Diabetes Day"

# Madam

On behalf of the Internal Quality Assurance Cell, NSS, WDC and Health & Counseling Cell we are enclosing a brief report of the Guest lecture on Diabetes and it's management which was conducted on Monday 14 November 2022 on the occasion of World Diabetes Day in Auditorium at 8 am onwards.

The guest lecture was inaugurated & dignitaries were welcome on dais.

The guest lecture was conducted by Dr. V.M. Shetty and main objective of this lecture was to make the students aware about how one needs to take precautionary measures to keep diabetes away.

Dr. V.M Shetty discussed the 2 types of diabetes i.e. Type 1 and Type 2 where he informed about Type 2 diabetes being reversible and can be controlled by some changes in one's lifestyle.

He also talked about how we can identify symptoms of diabetes. Dr. V. M. Shetty also talked about the change in the definition of Senior citizen and how mental health also matters.

He also emphasized about exercising and advised on maintaining an active lifestyle.

Positive response was received and the guest lecture ended with Vote of Thanks after the session students made Human logo of Diabetes Awareness along with diabetes awareness Rally.

Thank you

Yours faithfully

Mrs Jayanti Vaikunth (Co-ordinator IQAC)

Mrs Madhuri Maharao (NSS PO)

Mrs Nisha Deodhar (I/C Alumni)

Mrs Swapnali Bidkar-Giri (I/C Health counseling Cell)







