

**Karnataka Sangha's
Manjunatha College of Commerce, Thakurli (E).**

Date: 20 Dec 2018

Notice

All the students of FY/SY and TY are hereby informed that IQAC & NSS Unit of our College are organizing Basic Yoga Day on Monday, 24 Dec.2018. The details are as follows:

1. Venue of activity: College Auditorium
2. Date & Time: Monday, 24 Dec.2018, 9:00 am to 11:00 am.
3. Things to be carried: Comfortable clothes, mattress.

The interested students should give their names in the NSS room on or before Tuesday, 22 Dec.2018.



Asst. Prof. Pushkar D.
NSS PO



Dr. V.S. Adigal
Principal



Name of the Activity: Basic Yoga.Date: 24/12/2018

Sr. No.	Name of the Student	Roll	Class	Sign
1	Chetan Vilas Phadtare	1360	S.Y.B.Com	Chetan
2	Pallavi maske	2062	S.Y.B.MS	Pallavi
3	Pawan .k. Shrivastav.	1377	S.Y.B.Com	Pawan Shrivastav
4	Aakash S. Bhalerao	1004	F.Y.B.Com	Aakash Bhalerao
5	PANKAJ. An. Ghole	1626	TyBcom	Pankaj
6	Sudip. Susve	1687	TyBcom	Sudip
7	Ankita. Morje	2669	TyBAF	Ankita
8	Anajjeet chauvasiya.	2708	F.Y.B.BI	Anajjeet
9	Roshni. Koliar	1054	F.Y.B.Com	Roshni
10	Kirti. M. Gupta	1024	F.Y. bcom	Kirti
11	Sonali. J. Taiswal	1036	F.Y. bcom	Sonali
12	Nakar chandani R.	1069	F.Y.Bcom	Chandani
13	Pooja A. Pujari.	1085	FV Bcom	Pooja
14	Aamruta suryakant Bhalerao	1308	S.Y. B.Com	Aamruta
15	Priyanka santosh Pa Kadam	1474	S.Y. B.Com	Priyanka
16	Niranjan Bharat Sonawane	2661	T.Y. BAF	Niranjan
17	Bhakti K. Varma	1113	F.Y. B.Com	Bh. Varma
18	Pavana.v.Shetty	1105	F.Y. B.com	Pavana
19	Makarand M. Balajiwale	2544	S.Y. BAF	Makarand
20	Karishma Chauhan	1009	F.Y. B.Com	KARISHMA
21	Sharaha. S. Shetty	1937	F.Y.BMS	Sharaha
22	Shalu .M. Kigamber	1048	F.Y. Bcom	Shalu
23	Pooja. Mali	1059	F.Y. Bcom	Pooja
24	Rohit V. Ghole	1768	T.Y. B.com	Rohit
25	Omkar V. Rane.	1670	TyBcom	Omkar
26	Shital Sudhakar Dede	2211	F.Y. BAF	Shital
27	varsha Chauhan	2107	T.Y. BMS	Varsha
28	Manisha Chauhan	1614	T.Y. B.com	Manisha

Date: 24/12/2018

Name of the Activity: Basic Yoga.

Sr.	Name of the participant	Class	Sign
#1	BAJPai ANKIt	SYBcom	<u>ANKIt</u>
#2	Sato Ajay	SYBMS	<u>Ajay</u>
#3	Singh Ritwya	FYBBT	<u>Ritwya</u>
#4	GUPTA SANGIETA	SYBcom	<u>Sangieta</u>
#5	Jaiswal Donali	FYBcom	<u>Donali</u>
#6	Kasheera Manish	SYBcom	<u>MANISH</u>
#7	POOJART YELLALINGIA	SYBBT	<u>yellalingia</u>
#8	Jadhav raj	FYBAF	<u>raj</u>
#9	Ghole Rohit	TYBcom	<u>Rohit</u>
#10	SOLanki Hema	SYBcom	<u>Hema</u>
#11	Naik Disha	SYBMS	<u>NAIKDISHA.</u>
#12	Ieshanwan; Praphul	SYBMS	<u>Praphul</u>
#13	Nayak Ranjit	SYBMS	<u>Ranjit</u>
#14	Sarvankey Omkar	SYBcom	<u>Omkar</u>
#15	Lad Graunavee	FYBAF	<u>Graunavee</u>
#16	SURVE Sudip	TYBcom	<u>Sudip</u>
#17	VERMA MAMITA	SYBMS	<u>mamita</u>
#18	SHIRKE Sameer	FYBAF	<u>Sameer</u>
#19	Kulkarni SPANDANA	SYBMS	<u>spandana</u>
#20	SHrivastav PAWAN	SYBcom	<u>Pawan</u>

[Signature]
Signature of Ic



Principal
[Signature]

Date: 26 Dec.2018

Principal

K S's Manjunatha College of Commerce

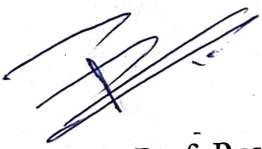
Subject: Report of Basic Yoga Day

Sir

IQAC and NSS Unit of our college has organized Basic Yoga Day on Monday, 24 Dec. 2018, 9:00 am to 11:00 am at College Auditorium. The objective of the activity was to build strength, awareness and harmony in the mind and body by performing various Yoga Asanas. 52 participants were trained by the NSS volunteers who participated in the Yoga workshop last year.

Thank you

Yours faithfully



Asst. Prof. Pushkar Deshpande
NSS PO

